

**TEHACHAPI VALLEY HEALTHCARE DISTRICT  
COMMUNITY OUTREACH COMMITTEE**

**AGENDA**

**March 8, 2022  
Tehachapi CA 93561  
12:00 pm  
116 W E Street  
Tehachapi, CA 93561**

**I. CALL TO ORDER**

**II. PUBLIC COMMENTS ON ITEMS NOT APPEARING ON THE AGENDA**

This portion of the meeting is reserved for persons desiring to address the Committee on any matter not on the agenda over which the District has jurisdiction. You may state your name and address for the record. Time is limited to 3 minutes per speaker. The Committee can take no action on your presentation but can seek clarification to points made in your presentation or comments. Additionally, members can ask staff for factual information, refer the item to staff and/or calendar the item on a future agenda. Any person desiring to speak on an agenda item will be given an opportunity to do so prior to the Committee taking action on the item.

**III. APPROVAL OF MINUTES**

February 8, 2022

**IV. NEW BUSINESS**

A. None

**V. OLD BUSINESS**

A. Outreach Updates

B. Adventist Health Update

**VI. BOARD COMMENTS ON BUSINESS NOT APPEARING ON THE AGENDA**

**VII. ADJOURNMENT**

Tehachapi Valley Healthcare District  
Community Outreach Committee  
Meeting Minutes  
February 8, 2022  
116 W E Street, Tehachapi, CA  
12: 00 pm

**I. CALL TO ORDER**

Director Sherrill called to order the regular meeting of the Community Outreach Committee at 12:00 pm on 2/8/22 at TVHD Office.

**II. ROLL CALL**

Director Christine Sherrill was present. Staff members Caroline Wasielewski and Lisa Hughes were present.

**III. APPROVAL OF MINUTES**

The committee approved the minutes from January 11, 2022.

**IV. NEW BUSINESS**

A. **None**

**V. OLD BUSINESS**

A. **Wellness cards/calls program**

Ms. Wasielewski did not have any new information to report as there was no new interest from the senior center.

B. **CPR Video**

Director Steele was out of town and will begin planning with Lisa Hughes on his return. In the meantime, TVHD can post CPR safety videos that are already made.

C. **Educational Videos**

After some research and discussion Ms. Wasielewski reported that TVHD does not need to make education videos at this time. There are so many videos on YouTube already, perhaps posting some to the TVHD website would be a better use of time.

TVHD should focus energy on disaster planning, emergency preparedness and community sustainability.

D. Adventist Health Update

Amanda Danlovich and Lexi Garrett from Adventist Health Tehachapi to the committee. Ms. Garrett spoke about a Health Integration Program that offers Registered dietitian Services, Behavioral Health Therapy and Substance Abuse Counseling. There are handouts available. Ms. Danlovich spoke about ongoing Covid testing in Tehachapi at the Monroe Hight School gym. She also reported that Josh Pierce will be scheduling a tour of the mobile clinic.

**VI. ADJOURNMENT**

The meeting was adjourned at 12:41 pm

Minutes approved by: \_\_\_\_\_

William Steele